

Rick Simpson Oil (RSO)

What is RSO?

RSO = Rick Simpson Oil.

RSO is a cannabis plant extract and technique that was reintroduced to the public by Rick Simpson so anyone could easily produce the oil for themselves.

According to the directions in Rick's video "Run from the Cure", A solvent is used to do a quick wash of the dried bud material melting or extracting the essential plant oils into the solvent. The stripped plant material is then discarded.

The solvent is then evaporated off (using a rice cooker or similar heating device) leaving the oil behind. The oil left behind is the RSO. What does RSO do?

Our bodies have an endocannabinoid system which is responsible for regulation of many of our bodily functions. Our bodies also have the ability to produce our own cannabinoids, they are called endocannabinoids. In a healthy person everything works fine and the endocannabinoid production is enough to keep us healthy.

If you are sick, have been injured, or live in a polluted area, chances are your endocannabinoid system cannot keep up with the demands put on it and needs help.

The only way to help ourselves is to supplement our bodies with cannabinoids from somewhere else. Cannabinoids from the Cannabis plant. RSO is a very concentrated form of cannabinoids, that is why so many people experience such great improvements when using RSO. It tops off your ailing cannabinoid system with exactly what is needed to keep your body running like a well oiled machine.

What diseases can cannabinoids help?

It seems the medical community is seeing the beginnings of being able to study cannabis, it's properties and health applications again. I hope so.

Here are just a few conditions that science has proven

cannabinoids are therapeutically active against:

Arthritis, Cancer, Crohn's, Diabetes, Fibromyalgia, Multiple sclerosis (MS), Parkinson's

I've made the RSO so how do I take it and how much do I take?

The different methods of using RSO have different effects as outlined below.

Taking the oil orally and letting it melt in your mouth, not swallowing – Slower acting than smoking, faster than ingesting. Longer relief than smoking.

Smoking, Vaping the oil – into the lungs and direct to the bloodstream. Very fast acting, short lived relief, 2-3 hrs approx depending on the strain and strength.

Ingesting – 1 to 2 hours before you start to get relief but the effects can last 8 – 10 hrs. Through the gut into the liver where THC gets converted to the more psychoactive 11-hydroxy-THC by the liver.

How much to start with?

If you are fighting cancer or other life threatening disease Rick Simpson recommends ingesting 60 grams over a 90 day period to start. For non life threatening, start small. I repeat, start small as RSO is a concentrate. Getting your dose correct can be difficult. Different strains, different tolerances, even different batches of oil.

What if I take too much?

Don't worry, you can't die from taking too much, it is impossible because unlike opiates there are no cannabinoid receptors in the part of your brain that are responsible for your automatic baseline functions like making your heart beat, and breathing. So if you do take too much just rest easy and enjoy the ride, there is nothing to worry about.

How much is 1 dose?

When I make the RSO I draw the finished product up into a 1 ml syringe (btw 1 ml = 1 gram) because it is easy to handle and because the markings on the syringe let me get a repeatable dose.

Using a 1 ml syringe I would recommend you start with just 1

lines worth (there are 50 lines on a 1 ml syringe). I know that doesn't sound like much but you need to establish what your tolerance is. If the 1 line had no effect then try 2 lines. Just remember that if you ingest the RSO it can take a couple of hours to start having effects that you would notice.

The process of making RSO:

Starting material: I generally work with a pound or more of good grade hemp starting material. You can use just one ounce. An ounce will usually produce 3 or 4 grams of oil. The amount of oil produced per ounce of hemp will vary from strain to strain, but it all has that wonderful healing power.

1 – Place the completely dry starting material in a plastic bucket.

2 – Dampen the material with the solvent you are using. Many solvents can be used. I like to use pure naphtha but it costs \$500 for a 45-gallon drum. You can use 99% isopropyl alcohol, which you can find in your local drug stores. Alcohol absorbs more chlorophyll from the plant material than naphtha does. This gives oils made with alcohol a darker colour but does not diminish the potency of the oil to any noticeable degree. Ether, naphtha or butane and many other solvents can produce oils that are amber and transparent. Granted these clear oils do look better but dark oil can be just as potent. If the process is done properly, little or no solvent residue is left in the oil. I have been consuming oils produced using different solvents for eight years with no harmful effects. You will require about two gallons of solvent to strip the THC off one pound of dry starting material. 500 milliliters of solvent should be more than enough to strip the THC from one ounce of hemp starting material.

3 – Crush the plant material using a stick of clean untreated (chemical free) wood or some such device. Even though the starting material has been dampened

with the solvent, you will find that the material can be readily crushed.

4 – Add solvent until the starting material is completely covered. Use the stick to work the plant material. As you are doing this, the THC dissolves off the plant material into the solvent. 5 – Continue this process for about 3 minutes.

6 – Pour the solvent-oil mix off the plant material into another bucket. You have just stripped the plant material of about 80% of its THC.

7 – Second wash – again add solvent to the plant material and work it for another 3 minutes to get the other 20%.

8 – Pour this solvent-oil mix into the bucket containing the first mix that was poured off previously.

9 – Discard the twice-washed plant material.

10- Pour the solvent-oil mix through a coffee filter into a clean container.

11- Boil the solvent off. I have found that a rice cooker will do this boil off very nicely. The one I have has two heat settings – high and low – and will hold over a half gallon (2.5 liters) of solvent-oil mix.

12- Add solvent-oil mix to the rice cooker until it is about $\frac{3}{4}$ full. Make sure you are in a very well ventilated area and set up a fan to carry the solvent fumes away. **The fumes are very flammable. Be sure to stay away from red-hot elements, sparks, cigarettes etc. that could ignite the fumes.**

13- Plug the rice cooker in and set it on high heat.

14- Continue adding solvent-oil mix as the level in the rice cooker decreases until it is all in the cooker.

15- Add a few drops of water to the solvent-oil mix as the level comes down for the last time. The amount of water added depends on how much starting material

you had in the beginning. If I am producing oil from a pound of good bud, I usually add about ten drops of water.

16- When there is about one inch of solvent-oil-water mix left in the cooker, put on your oven mitts, pick the unit up and gently swirl the contents.

17- Continue swirling until the solvent has been evaporated off. The few drops of water help release the solvent residue and protect the oil somewhat from too much heat. When the solvent has been boiled off, the cooker that I use automatically goes to low heat. This avoids any danger of overheating the oil. **At no time should the temperature of the oil go over 290F degrees (140 C).**

18- Put on your oven mitts and remove the pot containing the oil from the rice cooker.

19- Gently pour the oil into a small stainless steel container.

20- Place this container in a dehydrator or put in on a gentle heating device such as a coffee warmer. It may take a few hours but the water and volatile turpines will be evaporated from the oil. When there is no longer any activity on the surface of the oil the medicine is ready for use.

21- Pour the hot oil into a bottle; or as in the video suck it up into a plastic syringe. Putting the oil in a plastic syringe makes it very easy to dispense the medicine.

Now you have RSO-Cannabis Oil !!! * SOURCE = <http://420times.wordpress.com/2012/11/25/rso-rick-simpsons-cannabis-oil-recipe-cure-for-cancer-diabetes-chronic-pain-etc/>

Info on Rick Simpson Oil (RSO)

► **Simpson-Hemp Medical Oil - simpson-oil.com | Alternative Pain Management 24/7 Information on Preparing-Purchasing Visit: <http://www.simpson-oil.com/>**

▶ **Phoenix Tears | Rick Simpson On His New Book! Rick Simpson recently released his first book, detailing the history of how he discovered cannabis could cure cancer and all the incredible events that followed.** This book has already garnered positive feedback and is spreading further every day. Visit: <http://phoenixtears.ca/>

▶ **Rick Simpson - WHALE | After a serious head injury in 1997, Rick Simpson sought relief from his medical condition through the use of medicinal hemp oil. When Rick discovered that the hemp oil (with its high concentration of T.H.C.) cured cancers and other illnesses, he tried to share it with as many people as he could free of charge - curing and controlling literally hundreds of people...** but when the story went public, the long arm of the law snatched the medicine - leaving potentially thousands of people without their cancer treatments - and leaving Rick with unconstitutional charges of possessing and trafficking marijuana!] Rick Simpson/Rick Simpson Oil (RSO) [back] Cannabis. ... Skin cancer before and 30 days after treatment with cannabis oil aka Rick Simpson Hemp Oil. Marijuana Memes. Visit: http://whale.to/a/simpson_h.html

▶ **RSO: Rick Simpson Oil is The Cure - CANCER and LUPUS - YouTube | This incredibly brave women who was reached out by strangers, given days to live. Speaks out on her experience RSO: Rick Simpson Oil. Out of the 12 tumors on Her spine 9 have been eliminated and she is down to 4 which continue to shrink.** She has regained her life back because since taking RSO her LUPUS symptoms have gone. She feels more alive now and has more energy than she has had in the last 2 decades. Please share this video with your loved ones and spread the truth. Visit: <http://www.youtube.com/watch?v=ACR-IQ6cBw>

▶ **Rick Simpson | Facebook >> Rick Simpson Oil mentioned on The View. Thank you, Cheryl. ... But I can say that as an RSD suffer, RSO is a gift.** When on my oil treatment I have no symptoms.

Visit: <https://www.facebook.com/pages/Rick-Simpson/298774923502987>

▶ **RSO-Rick Simpson's Cannabis Oil Recipe (cure for cancer) | What is RSO? RSO = Rick Simpson Oil.** RSO is a cannabis plant extract and technique that was reintroduced to the public by Rick Simpson so anyone could ...

Visit: <http://420times.wordpress.com/2012/11/25/rso-rick-simpsons-cannabis-oil-recipe-cure-for-cancer-diabetes-chronic-pain-etc/>

▶ **Rick Simpson Oil (RSO) | Patients for Medical Cannabis >> Category Archives for Rick Simpson Oil (RSO) HEALED: How I Cured My Cancer with Cannabis. The potheads did it with a rice cooker. From Compassion Chronicles** 24-yr-old Rejects Chemo, Curing Brain Cancer with Cannabis Oil | 24-year-old Kristina Marie was diagnosed with a brain tumor and given a death sentence by establishment doctors. She decided to reject chemotherapy and treat herself with Rick Simpson's hemp oil instead. After three MRI's her tumors have shrunk considerably.

Visit: <http://patients4medicalmarijuana.wordpress.com/category/rick-simpson-oil-rso/>

▶ **RSO - Rick Simpson Oil (cannabis oil extraction) | Acronym Finder: RSO stands for Rick Simpson Oil (cannabis oil extraction).** This definition appears very rarely

Visit: [http://www.acronymfinder.com/Rick-Simpson-Oil-\(cannabis-oil-extraction\)-\(RSO\).html](http://www.acronymfinder.com/Rick-Simpson-Oil-(cannabis-oil-extraction)-(RSO).html)

▶ **Phoenixtears Compassion Club > Dark City Radio - PHOENIXTEARS | Rick Simpson rediscovered a way of cannabis oils for the treatment of cancer. He has dedicated more than a decade of his life to informing the world of this incredible medicine.** Who is Rick Simpson? ... oil to give to those who need it ... for the production of RSO and a cannabis association to allow rick to legally produce ...

Visit: <http://www.darkcityradio.com/?page=phoenixtears>

▶ **Rick Simpson Oil (RSO) | Trees Collective > Home Medicine Specials Accessories Grow About Us >>** Similar

items \$60.00 Refined Allen Wrench SC-CO2 Oil; \$35.00/g
Meditiva Propane Hash Oil (PHO); \$30.00 Butane Hash Oil
(BHO); \$20.00 Sugar Wax

Visit: <http://www.treescollective.com/products/rick-simpson-oil-rso>

▶ **RSO | (Abbreviation) Rick Simpson Oil- the resinous product of the procedures** and methods found and prescribed by Mr. Rick Simpson; hash, oil, etc.

Visit: <http://www.definition-of.com/RSO>

▶ **! PLEASE SHARE ! Rick Simpson Oil (RSO) | John William ... (simply a high THC/CBD cannabis oil) KILLS CANCERS DEAD! RSO then helps to neutralize new cancer cell growth with ... (simply a high THC/CBD cannabis oil) KILLS CANCERS DEAD! RSO then helps to neutralize new cancer cell growth with very small maintenance doses. The best part is that a patient can make** the medicine "safely" in his/her back yard with high quality cannabis "bud material" and a minimal of expense and/or special equipment. The oil is extracted from the flowers and leaf material of the female cannabis plants. The oil can be extracted using everyday household products and it will be ready to use in just hours! PEACE!

Visit: <https://www.facebook.com/johnwilliamcornett/posts/612261028784197>

FORUMs - other Bulletin Boards and On-Line Chat Rooms

▶ **Info on FORUMs, Bulletin Boards and other On-Line Chat Rooms on Rick Simpson Oil (RSO) and Medical Cannabis and in general**

▶ **Rollitup.org > Forum > Medical Marijuana > Patients > Michigan > Rso | Rso - Marijuana Growing forums; Has anyone tried making RSO (Rick Simpson Oil) the way he**

shows it and if so what do you think about using it for health reasons ... Google it and it comes right up recipe and application etc etc. Best of luck to you and I hope you are ok.

Visit: <http://www.rollitup.org/michigan-patients/552014-rso.html>

▶ **420 MAGAZINE > Forum > MEDICAL MARIJUANA > Scientific Data Methods Of Use – RSO/Rick Simpson’s Oil | Methods Of Use – RSO/Rick Simpson’s Oil ... Use this control to limit the display of threads to those newer than the specified time frame.** Cannabis Science Provides Physician’s Documentation That Confirms Successful ... Cannabis Oil Shrinks “One Of The Worst” Cancers
Visit: <http://www.420magazine.com/forums/methods-use-rso-rick-simpson-s-oil/>

▶ **RSO - Rick Simpson Oil - AUTOFLOWER SLOVENIJA | RSO-Rick Simpson's Cannabis Oil Recipe(cure for cancer, diabetes, chronic pain, etc.?) (As Requested) With How-To Instructions.. ... Permissions in this forum: WELCOME TO AFS forum! FIRST SLOVENIAN AUTOMATIK FORUM! Please login. FIRST in the forums? REGISTER free and easy. EDUCATION OF MARIJUANA IS PROHIBITED BY APPLICABLE LAW IN SLOVENIA! AFS BE RESPONSIBLE FOR THEIR ACTIONS AND PUBLICATION OF USERS! ALL SEEDS to our forums offer a variety of businesses are intended solely for research, education and collectors' items!** In our small country we have become obsolete, thank God, even people who are willing to expose themselves to the point where things can get very uncomfortable. And it just so that patients in Slovenia finally have the right to self-medicate with cannabis, which is the world's proved to be one of the most effective medicines for various illnesses! SKSK Support (Slovenian Hemp social club) and Chris Bitenc! Jaka, Rick Simpson, Jind?ich Bayer and others ... meeting on the island of Krk (Cro). For all of you who are interested in how the growing oil and tincture of cannabis, I dug out this recipe for making domestic product of cannabis.
Rick Simpson Oil or RSO:

Visit: <http://www.autoflowerslovenija.com/t459-rso-rick-simpson-oil>

▶ **North Carolina Cannabis Patients Network (NCCPN) > Forum > Main > General Discussion >> Rick Simpson Oil | Home; You might have to be a Michigan resident. Rick Simpson** "The Cannabis Cancer Project currently has openings for cancer patients in need of RSO we have several caregivers through out the state that can meet the needs of a cancer patient and provide quality oil. Please contact me for details. at cannabiscancerproject@gmail.com or you can call me 989-607-0384" Michigan Cannabiscancerproject
Visit: http://www.nccpn.org/index.php?option=com_kunena&view=topic&catid=33&id=11796&Itemid=104

NEWs - Sources

RSO News and in the News.

▶ **Rick Simpson Oil (RSO) photos and dosage for beginners | Facebook | Rick Simpson Oil (RSO) photos and dosage for beginners. Updated about 10 months ago.** ... Rick Simpson Oil -- FAQ and success stories. 443 photos. Profile Pictures. ...
visit: https://www.facebook.com/media/set/?set=a.415037311876747.85077.298774923502987&type=1-ift=photoalbum_reply

▶ **Seattle News and Events | Best Cannabis Concentrate | Rick Simpson Oil is a hash oil that is very, very potent—so much so, ... More News Stories » Local display advertising by PaperG . Seattle Weekly. News; Rick Simpson Oil is a hash oil that is very, very potent—so much so, in fact, that it is used by many cancer patients, not only for symptom relief: Rumor has it the stuff can even shrink tumors. I can report that the oil is very effective for pain and nausea, and also that it is almost impossible to finish a joint that has been treated with it, unless you go to Fweedom Collective, which offers prerolled "Super Joints" which include a generous dose of Simpson. The Super J's (\$13.66 apiece, or**

\$10.25 if you donate a canned good for charity) have such a wallop that I was able to finish only half of mine, and then it was bye-bye pain for two hours. Not that you need to be reminded, but don't operate heavy machinery or show up for a job interview after smoking one of these. ... visit: <http://www.seattleweekly.com/bestof/2011/award/best-cannabis-concentrate-1387908/>

ORGs

Non-Profit Organizations & such

▶ **Rick Simpson Oil Video - Muslim Social Services Agency | RICK SIMPSON OIL VIDEO Possession, forums -rick ... Gallery gt gw pharmaceuticals producing rick simpson cancer-granny-rso-cure-rick-simpson-oil-cancer ...** rick-simpson granny rso cure for anyone new to make hemp, Burns, chronic pain, depression, forums i cachedcuzjay, and video, journey with Video-run-cure-rick-simpson-story-hemp-oil-medicine-powerful-natural-medicine, because for cancer, anxiety, arthritis, asthma, burns, chronic pain, depression ... more.

Visit: <http://muslimsocialservicesagency.org/wp-includes/js/imgareaselect/rick-simpson-oil-video>

Business

RSO and Business interests.

▶ **OIL100 – Oils and Whole Plant Extracts (RSO, Rick Simpson Oil, Hash Oil, Hemp Oil) | Designed to teach you to efficiently and safely extract oils using ethyl alcohol. This is a completely food grade process for safe oils. Complete directions and course materials. What is it used for?** Cancers, Tumors, Lesions, Bruising, Warts, Burns, Broken Bones, Sports and fitness damage, Muscle damage, Sun Burn, Eating Disorders, High Blood Pressure, Sleep Disorders, Chronic Pain, Migraines, Nausea, Cramps,

Diabetes, Arthritis, IBS, Chromes', MS, Lupus, Alzheimer's,
Parkinson's, Autism, CF, Cp and more. How do you use the
oils? What is the Dose?

Visit: <http://www.pdxu.gro4me.com/rso.htm>

This document was researched, prepared and presented as public service by
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visit: **MercyCenters.org**